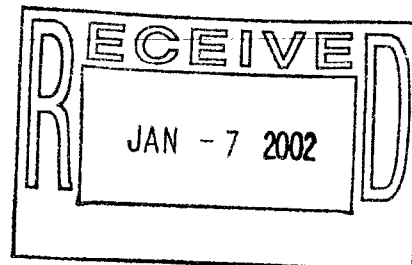


Natural Factors Nutritional Products Inc.

5800 '02 JAN 23 A9:32

November 20, 2001

Food and Drug Administration
Office of Special Nutritionals
Center for Food Safety and Applied Nutrition
200 C St. SW
Washington, DC 20204



Dear Sir or Madam:

This is to provide the required information to comply with our obligation under DSHEA labeling regulations.

Supplement: Men's MultiStart™ Multi Vitamin

Manufacturer, packer: Natural Factors Nutritional Products, Ltd.
1550 United Blvd.
Coquitlam, B.C.
Canada V3K 6Y7

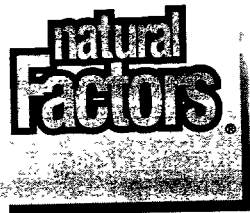
Distributor: Natural Factors Nutritional Products, Inc.
1111 80th St. SW, Suite 100
Everett, WA 98203

Text of side Panel: Men's MultiStart™ Formula provides a complete spectrum of vitamins, minerals and herbs essential to optimizing men's health. This nutrient-rich formula offers a range of benefits including protective antioxidants (Vitamins A, C, E and Selenium), immune system boost (zinc, bee pollen) and energy enhancement (B Vitamins, ginseng). Saw Palmetto maintains prostate health while zinc supports the production of male hormones.* This special supplement is ideal for men dealing with the stresses of busy, modern lives.

1111 80th Street S.W., Suite 100
Everett, WA, USA 98203
Phone: (425) 513-8800
Fax: (425) 348-9050

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Natural Factors Nutritional Products Inc.

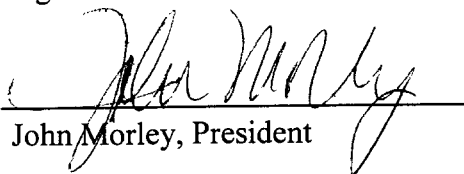
Text of PDP:

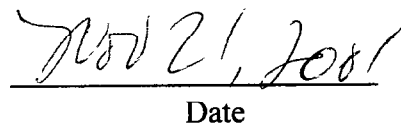
n/a

Name of dietary ingredient that is the subject of statement: Multi vitamins/minerals/herbs

Name of dietary supplement: Men's MultiStart™ (Vitamin-A-Day for Men)

I represent the information presented to be accurate and in compliance with supplement label regulations.


John Morley, President


Date

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Everett, WA, USA 98203
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